

# The Hastings Senior Times™

A Weekly Publication for Seniors.

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P.O. Box 1361, Hastings, NE 68902

## Halloran is Businessman, Performer, and Grandpa

By Andrew Callahan, Editor

I first met Rich Halloran several months ago, when my car needed a new battery and some other electrical work. He seemed honest, straightforward, and quite likeable. I was somewhat surprised to bump into him again that same night while attending a play at Hastings College. Not long after that meeting, I saw his familiar friendly face singing in Hastings own barbershop group, The Chorus of the Plains. Last week I saw him again at a jazz concert.

"We try to get out to plays and things," said the owner of Halloran's Battery and Electric. "We try to be supportive of the community." Rich has been singing with the Chorus of the Plains for seven years and says he really enjoys the performances.

Rich is a life-long resident of Hastings, and a graduate of the Hastings Public Schools. He and his wife Connie have

two grown children, Jeff and Cheryl, three grandchildren, and another grandchild on the way. With two of his grandchildren here in Hastings, Rich says he enjoys the opportunity to be active in their lives on a regular basis, being there for birthdays and such, but notes, "We see the other one a lot also," he said, referring to frequent airplane trips to New Jersey.



**Rich Halloran**

After graduating from Hastings High, Rich attended technical school in Milford, returning to work in his father's business. "The business started out in 1932 as Krulish Battery and Electric, then my dad (John) bought it in 1952, and it became Halloran Battery and Electric."

Rich bought the business from his father in 1972. The business, located on West Second Street in Hastings, has five employees.

When asked about his business philosophy, Rich referred to himself as an "independent business owner." "I try to personalize our repair service. After diagnosing a problem I try to always call before beginning work. People appreciate when I explain what needs to be done, even if they don't fully understand all the aspects. I'll show them the parts, or whatever I can do to help them understand." *(Editor's Note: This is probably what first got me to like Rich, because although I don't know an alternator from a distributor, Rich explained what I needed and why in a way I could understand.)*

Rich's wife Connie is a retired school teacher who now works part time at the Hastings Public Library.

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# Imperial Mall Will Host Senior Lifestyle Expo

The Imperial Mall (3001 W. 12<sup>th</sup> Street in Hastings) will be hosting a Senior Lifestyle Exposition on Thursday, April 17, 2003 from noon to 4 p.m. Members of various local business and volunteer groups will be set up to provide seniors with more information on their products or programs. Mary Lanning Memorial Hospital will be providing free blood pressure screening and blood sugar screening from noon to 2 p.m. The Foster Grandparents program that helps children in schools, day care centers, and Head Start will have representatives on hand to talk to seniors. Edgewood Vista staff will be available to

discuss their Alzheimer's assisted living facility. Widhelm Chiropractic will be demonstrating heart function testing with the Acoustic Cardiograph.

Pianist Vera Winsor will provide entertainment from 2-3 p.m. Bingo will be called from 3-4 p.m. with plenty of prizes, cookies, and coffee for all.

## Community Calendar

\*See Calendar Key below for abbreviations (Telephone numbers are provided when possible. Readers may wish to verify event time & location.)

- Daily - Shuffleboard 12:45 p.m. - **GFC**
- Thru Apr 17 - Bird Mobile Display, **HM**
- Thru May 9 - Hastings Art Club Art Show, **HM**
- Thru June 9 - Film - "Lewis & Clark: Great Journey West," **HM**
- Thru Sep 8 - Film - "Jane Goodall's Wild Chimpanzees," **HM**
- Thru June 2 - "Sun Spotting," Planetarium, **HM**
- Apr 14 - Elinor Barber: "Fakes, Facts and Phantasies," 8 p.m., Perkins Auditorium, **HC**
- Apr 14 - Senior Tea & Tour, 9 a.m., **HM** with refreshments, film, planetarium show and museum
- Apr 14 - Alzheimer's/Dementia Information Session, 6:30 p.m. - The Homestead, 12th & Sycamore, 461-3841
- Apr 16 - Family Care Giver Support Mtg, 3:00 pm **GFC**
- Apr 16 - BINGO - 1 p.m. - **GFC**
- Apr 17 - Special Program "Getting Ready for the Unknown" - speaker from Hastings Fire Department - **GFC** at 11:30 a.m. (reservations required)
- Apr 17 - Senior Expo, Imperial Mall, 3001 W 12th St., 12-4 pm. 462-6671.
- Apr 17 - Diabetes Educ. Support Grp - 7:00 pm - **ML** - 461-5318
- Apr 21 - Mothers Against Drunk Drivers (MADD) Meeting. - 7 pm **ML** - 462-2762
- Apr 22 - "Reputable Health Sites on the World Wide Web" 4:30 p.m. - **ML** - 462-5113 (55-plus Program)
- Apr 25 - Music Hour, 10 a.m., Perkins Auditorium, **HC**
- Apr 25 - League of Women Voters Meeting, 11:45 a.m., YWCA, 604 N. St. Joe, 462-8821
- Apr 26 - Star Gazing, 9 p.m., Sachtleben Observatory of **HC** 4725 S. Wabash Ave. Call for schedule changes. 462-7378
- Apr 27 - Hastings Symphony Orchestra, 3 p.m., City Auditorium, 400 Hastings Ave. - Tickets \$10 at the door. 461-7362
- Apr 27 - Sigma Alpha Iota (women's music fraternity) Concert, 8 p.m., Perkins Auditorium, **HC**
- Apr 28 - Phi Mu Alpha Sinfonia (men's music fraternity) Concert, 8 p.m., Perkins Auditorium, **HC**

If you wish to have something placed on our Community Calendar, please mail it to: Calendar Coordinator, The Hastings Senior Times, PO Box 1361, Hastings, NE 68902-1361 at least three weeks prior to event. Or, send e-mail to: [calendar@hastingsimes.com](mailto:calendar@hastingsimes.com) (no attachments please.)

### Calendar Key

- GFC** = Golden Friendship Center 463-4439
- HM** = Hastings Museum 461-4629
- HC** = Hastings College 461-7448
- ML** = Mary Lanning Med Services Building

## Arthritis Info

Arthritis is one of the most common diseases in this country. It affects millions of adults and half of all people 65 and older.

Arthritis causes pain and loss of movement. It can affect joints in any part of the body. It often is a chronic disease, which means that it can affect you over a long period of time. The more serious forms can cause swelling, warmth, redness, and pain.

There are more than 100 different kinds of arthritis and many different symptoms and treatments. Scientists do not know what causes most forms of arthritis. They understand some better than others.

Osteoarthritis (OA) is the most common type of arthritis in older people. It mostly affects cartilage—the tissue that cushions the ends of bones within the joint. OA often affects the hands and the large weight-bearing joints of the body, such as knees and hips.

-National Institute on Aging

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