

The Hastings Senior Times™

A Weekly Publication for Seniors.

March 31, 2003 - Vol. 1 No. 1

P.O. Box 1361, Hastings, NE 68902

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Husband & Wife Pharmacists Own Keith's

"We are committed to service," said Patty Gollner. "We treat our customers as individuals."

"We know most of our customers by name," added her husband, Brent Gollner. The Gollners own Keith's Pharmacies in Hastings. The couple bought the business from Keith Moul in 1992. "Keith was an institution in town," continued Brent. "Everybody knew Keith, and he knew them too. We try to keep up the tradition of friendly service that long-time Hastings residents will remember from Keith."



Patty & Keith Gollner

The location of Keith's Drive-In Drug at 500 N. Hastings Ave. was at one time an Abbott Dairy and then later Mauer's Family Restaurant. Fay Hulsker, who owned Hastings Drug in downtown Hastings moved his pharmacy to the current location to be near the many doctors offices that inhabited the Foote Building in the 1950s. Keith Moul, a long-time employee of Hulsker bought Fay's Drive-In Drug in 1979 and changed the business to its current name. In 1981, responding to requests from local physicians, Keith opened a second location at 2115 N. Kansas, Keith's Medical Park Pharmacy.

"This was the first pharmacy in town with a drive-up window," said Brent. "Lots of them have windows now, but we were first. We still have the old-style sliding window," he said, emphasizing the personal service and personal contact this affords. "Some places have the windows more like a bank with the drawer or the canister that comes out, but we like actually making contact with the people."

Brent and Patty are both pharmacists, with Brent working mostly at the Drive-In Drug location and Patty at the Medical Park Pharmacy. The couple admit that they met while undergraduate students at Hastings College, but like many husbands, Brent had to be reminded of the specific details. "We were introduced by one of Brent's friends, at a football game," said Patty. Brent nodded. After dating for a month or so, they discovered they shared a common desire to become pharmacists. The couple later attended different pharmacy schools in Omaha.

Brent's family moved to Hastings when he was a child. He attended Hastings Middle School and graduated from Hastings High. "When I was in the middle school," Brent said pointing to the large building directly across the street, "I don't think I ever came in this pharmacy once." Patty noted the irony of that, because Brent now works long hours in the pharmacy six days a week. Patty grew up in Stamford, Nebraska.

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Community Calendar

*See Calendar Key below for abbreviations
(Telephone numbers are provided when possible.
Readers may wish to verify event time & location.)

- Mar 31-Apr 17- Bird Mobile Display, **HM**
- Apr 1-June 9 - Film - "Lewis & Clark: Great Journey West," **HM**
- Apr 1 - Dr. Momoro Ono, Guest Piano Recital at Perkins Auditorium, **HC**, 8:00pm.
- Apr 1-Sep 8 - Film - "Jane Goodall's Wild Chimpanzees," **HM**
- Apr 1 - **HC** Men's Baseball vs. Doane College, 4:30 pm
- Apr 1 - Stroke of Luck Club - 3:30 pm - **ML** - 461-5763
- Apr 2-June 2 - "Sun Spotting," Planetarium, **HM**
- Apr 2 - Family Care Giver Support Mtg, 3:00 pm **GFC**
- Apr 4 - Family Friday at **HM** 5:30 p.m., large-format film, pizza, museum viewing, Hastings Museum, (reservations required)
- Apr 4 - Diane Zeigler performs at Listening Room, 8 p.m., Knights of Pythias Hall, 106 N. Denver. 463-1029
- Apr 4 - **HC** Women's Softball vs. Sioux Falls, 5:00 pm
- Apr 4-6 - "Deathtrap" Fri & Sat 8 p.m. & Sun 2:30 p.m., Hastings Community Theatre, Good Samaritan Village, -463-1500
- Apr 5 - BowWow Benefit II Dinner & Dog Show to benefit W.A.G.S., 6 p.m., City Auditorium.
- Apr 6 - Student Music Recital Amanda Kenney, piano; Heidi Musil, saxophone & Luke Fenton, euphonium, 3 p.m., Perkins Auditorium, **HC**

- Apr 8 - Blood Pressure Checks, 8:30-9:30 a.m., Imperial Mall, 3001 W 12th St. 462-6671
- Apr 8 - Mothers Against Drunk Drivers (MADD) Meeting. - 7 pm **ML** - 462-2762
- Apr 8 - Jazz Festival Concert, French Chapel, **HC**, 8 p.m.
- Apr. 9 - Tax Assistance - 12:30 - 2:30 pm - Appt. Req. **GFC**
- Apr 11 - Community Concert - "Hot Club USA", 7:30 p.m., Hastings High Auditorium, 461-7448
- Apr 11-13 - "Deathtrap" Fri & Sat 8 pm & Sun 2:30 pm, Hastings Community Theatre, Good Samaritan Village, 463-1500
- Apr 12 - Easter Ping Pong Ball Drop, 10 am, Downtown 462-4877
- Apr 12 - Star Gazing, 9 p.m., Sachtleben Observatory, 4725 S. Wabash Ave. Call for schedule changes 462-7378
- Apr 12-13 - CAS Productions Antique Show, 9 a.m.-5 p.m., Adams County Fairgrounds, 947 S. Baltimore. 308-987-2633
- Apr 13 - Fashion Show at Blue Moon Café, downtown Hastings, 6:00 pm (**HC** Art Student Senior Exhibition)
- Apr 14 - Elinor Barber: "Fakes, Facts and Phantasies," 8 p.m., Perkins Auditorium, **HC**
- Apr 14 - Senior Tea & Tour, 9 a.m., **HM** with refreshments, film, planetarium show and museum

If you wish to have something placed on our Community Calendar, please mail it to: Calendar Coordinator, The Hastings Senior Times, PO Box 1361, Hastings, NE 68902-1361 at least three weeks prior to event. Or, send e-mail to: calendar@hastingstimes.com (no attachments to e-mail, please.)



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Seniors Can Benefit from Exercise

The National Institutes of Health (NIH) and the National Institute on Aging (NIA) encourage us as we age to make a commitment to fitness. Benefits include stronger muscles, denser bones, better balance and metabolism.

Dr. Richard Hodes of the NIA claims research shows that a variety of exercises are not only safe for seniors, but have enormous advantage. Aerobic exercise is good conditioning for the heart and lungs, while weight training can increase physical strength, translating into the ability to carry out daily functions such as climbing stairs, shopping, and carrying packages.

Dr. Richard Klausner stresses that even moderate exercise such as walking has benefits, and Dr. Stephen Katz of the National Institute on Arthritis says you are never too old to exercise. People who are obese, smoke, or have chronic health problems should see their doctor before starting an exercise program. For more details visit the website, www.nihseniorhealth.gov/exercise/toc.html.

Calendar Key

- GFC** = Golden Friendship Center 463-4439
- HM** = Hastings Museum 461-4629
- HC** = Hastings College 461-7448
- ML** = Mary Lanning Med Services Building



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